

## Counseling (Pre-Professional)

### GENERAL EDUCATION STUDIES 58 Hours

**General Education:** 14 hours

COM 1143 Fundamentals of Speech Communication

ENG 1113 Composition and Rhetoric I

ENG 1123 Composition and Rhetoric II

3 hours from the following:

ENG 2233 American Literature I

ENG 2243 American Literature II

ENG 2273 Introduction to Literature

GES 1122 Strategies for Student Success

**Social/Behavioral Sciences:** 9 hours

GOV 2213 National and State Government

HIS 1113 American History I

PSY 1153 Introduction to Psychology

**Natural Science/Mathematics:** 7 hours

BIO 1113 Biological Science and BIO 1111 Lab

3 hours from the following:

MTH 1113 College Mathematics

MTH 1123 College Algebra

**Physical Education:** 4 hours

PED 2232 Wellness and Lifestyle

2 hours from activity courses without duplication: PED 1101-PED 2291

**General Biblical Studies:** 24 hours

BIB 2213 Bible Study

CMN 1223 The Church in Mission

CMN 2213 Foundations of Church Ministries

REL 1133 Authentic Christianity

REL 1153 New Testament Literature

REL 1163 Old Testament Literature

THE 2113 Introduction to Theology and Apologetics

THE 2333 Pentecostal Doctrine and History

### Upon completion of this program, students will:

1. Demonstrate knowledge of various approaches of counseling and of major counseling theories and techniques with a special emphasis on those that are biblically congruent.
2. Demonstrate knowledge of typical entrance requirements to graduate counseling programs.
3. Function effectively as a counselor in a church, parachurch or community setting.

## Counseling (Pre-Professional) *continued*

### MAJOR STUDIES 57 Hours

COU 2213 Counseling Children and Adolescents  
 COU 2223 Addictive Behavior and Recovery  
 COU 2283 Introduction to Counseling and Social Work Practice I  
 COU 3213 Counseling Adult Populations  
 COU 3273 Advanced Counseling Methods and Social Work Practice II  
 COU 4313 Behavioral Science Research  
 COU 4413 Methods and Techniques in Marriage and Family Counseling  
 COU 4523 Advanced General Counseling  
 COU 4583 Field Practicum  
 PSY 1113 Psychology of Selfhood and the Christian Faith  
 PSY 2323 Developmental Psychology  
 PSY 2413 Statistics for Behavioral Sciences  
 PSY 2423 Cultural Issues in the Helping Professions  
 PSY 3313 Abnormal Psychology  
 PSY 3333 Theories of Personality  
 PSY 3443 Crisis Intervention and Management  
 PSY 4113 History and Systems of Psychology  
 PSY 4433 Psychology of Religion  
 PSY 4483 Human Sexuality

### GENERAL ELECTIVES 12 Hours

### TOTAL PROGRAM REQUIREMENTS 127 Hours

\*Counseling students may want to consider obtaining the Addictions Counseling Minor.

### Additional Program Stipulations

1. All full-time students are to include one Bible, theology, or religion course each semester until degree requirements have been satisfied.
2. First-year students enrolled full-time are to include GES 1122 in their first semester schedule.
3. First-year students are to enroll in activity physical education courses each of their first two semesters at SAGU. Exceptions will be granted only with approval of the College Dean.
4. Veterans with at least 6 months of service may apply for and receive 4 hours of credit for physical education. Contact the Registrar's Office.